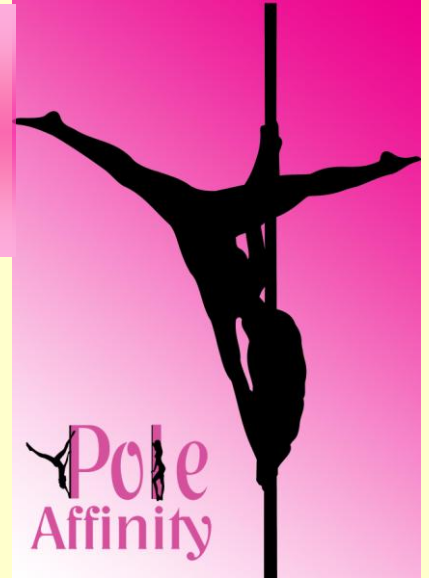


Summer Newsletter 2011



Dates for your diary

- 17th July Thriller Rehearsals start
- 7th August Summer Pole Jam
- 17th September Barnstaple Carnival
- 2nd October The Worlds Pole Dance Championship
- 22nd October UK Pole Dance Show –Kent
- 29th October Thrill The World

Classes

Please see attached for our summer timetable. There are spaces in all classes.

More of our classes are now mixed ability, providing a more flexible approach to learning pole, making it easier to join up, less pressure to keep up with the rest of the group more options to make up missed classes.

Refer a friend & save £'s

Over the summer if you refer a friend and they sign up for min of 4 weeks classes, YOU will get £5 off the cost of your next months training.

So get chatting pole!!

Just remember to let us know who you have referred and get them to mention your name when they join up.

A little rant...

Please, please can you let us know if you are unable to attend class for whatever reason, we are starting to get a lot of people just not turn up! We cannot indefinitely hold places either! It is stipulated in our term & conditions that you must give notice if you cannot attend your regular lesson and we will offer you a place in another class to make that session up. We ask that you let us know asap by Txt, e-mail, Facebook, and at least 3 hours before start of your class. Failure to do so will result in loss of that class, no replacement.

Payg students -please also let us know when you are /aren't coming.

Thanks to all of you that do let us know! ☺

Thriller - Thrill the world

Ever wanted to learn the official dance to Michael Jackson's Thriller? Well now you can! Join us for rehearsals starting sun 17th July 5-6pm (and most Sundays after) at the Barnstaple Park Hotel as part of a world record attempt to perform the routine on 29th October on Barnstaple Square. It's going to be heaps of fun!

Sign up through the link below & also let me know if you will be participating:

www.anthonypricefx.co.uk/ttwbarnstaple

UK Pole Dance Show

We were so sad to see Pole Unity Cancelled this year as we had been working hard on a routine, but now we have in place the UK Pole Dance Show which will be held on 22nd October in Kent. We plan to do our Unity Routine there, if anyone else would like to take part or come to watch please let us know.



SUMMER 'ALFRESCO' POLE JAM

SUNDAY 7th August 12-4pm

at Rock Park (weather permitting!! If not at the Studio)

4 Hours Of Pole Fun

We will take the X stage and my new R pole!!!
Helpers required to transport & set up please!

Bring & share picnic (cakes/nibbles & or drink- non-alcoholic only!)
(NB- This is in place of open practice at end of month)

MISS POLE DANCE UK / The Worlds 2011

A few of us went to watch the UK Pole Championships down in Brighton. It was an amazing event . I was working at the event -R poling during the day and pole cleaner by night, so was knackered !
Winner Jess Leanne Norris will go on to compete at The Worlds in Budapest on 2nd October you can see her performance here: <http://youtu.be/q6qVqA-TzPM>
Tickets are now on sale for 'The Worlds'
<http://www.worldpoledance.com/tickets-2011.html>

Doubles winners Kate Johnstone & Kate Czepulkowski from Spin City Bristol will also be competing at the worlds finals and are going on tour in the UK to do workshops.

<http://youtu.be/D55PBNJW9Pw>

They will come to us at Pole Affinity if we can get enough people who wish to do it.

2 hour Doubles Workshop - £30 per person -- Suitable for all levels of pole dancer

The workshop will begin with a series of doubles acrobalance positions on the floor, we will then look at different ways onto the pole using your partner followed by a series of doubles tricks on the pole and finished with a doubles conditioning and stretching section!

***Let me know if you would be interested - it would be on a Sunday towards end summe tbc. **

Barnstaple Carnival - Sept 17th

We will be doing Barnstaple Carnival this year, so I would like as many of you as possible to get involved! This includes decorating the float, poling, flyering, and collecting for charity.

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