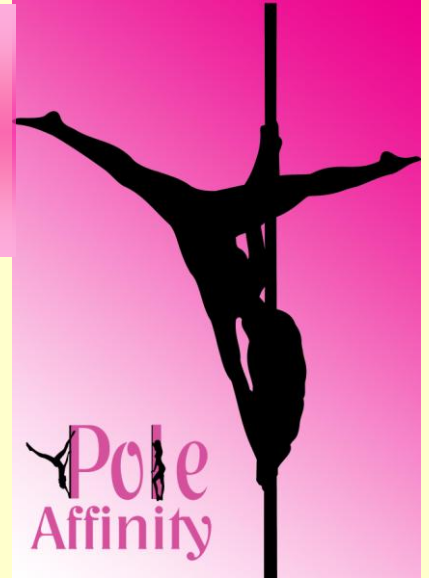


Autumn Newsletter 2011



Dates for your diary

- 9th Oct - UK Professional Pole Championships
Semi-Finals in Birmingham
- 22nd October UK Pole Dance Show –Kent
- 29th October 2.30pm-3pm 'Thrill The World' - Barnstaple
- 29th October 4pm Open Practice /Halloween Party
- **Beginners classes:**
Mon 5.35pm / Tues 6pm / Thursdays 7.15pm

Classes

Please see attached for our Autumn timetable.

We would like to welcome Lesley Senn & Claire Nott to the team! Lesley is teaching circuits & brand new class- Absolute Abs!! -Do try and pop along to give it go! Claire is our new Class Assistant.

Pole- There is spaces in all classes.

Some of our classes are mixed abilities, providing a more flexible approach to learning pole, making it easier to join up, less pressure to keep up with the rest of the group more options to make up missed classes.

New Price Plan! Students & under 18's Discount.

Just *£30p/m

Gold membership now reduced from £56p/m to:

£48/ *£42conc

To include all classes -unlimited! That's just £12 p/w / £10.50p/w conc. Bargain!!

UK PROFESSIONAL POLE CHAMPIONSHIPS - UKPPC



Sun 9th Oct 2011

Miranda has got through to the semi-finals in this years competition in Birmingham. Please do come along and watch / support the event if you can!

We are staying at the Birmingham New Inn . Rooms from just £25 single £35 doubles.

Tickets:

<http://www.ukppc.co.uk/page13.htm>

UK Pole Dance Show

22.10.11 KENT

8 of us girlies from Pole Affinity will be taking part in this years UK Pole Show in Kent on 22nd October Our performance is 6 minutes, we have all been working very hard to learn & perfect the routine. If anyone would like to come away with us for the weekend to watch

the interschool Pole Showcase, We would really love to have some supporters! and someone to take some pictures & videos!

Get in touch!

For Tickets:

<http://www.gravesham.gov.uk/index.jsp?articleid=6498>





Halloween Pole Jam / Open Practice

Saturday 29th October 4-6pm

Pole Games- Fancy Dress- Make-up- Dress to scare!
Bring & share (cakes/nibbles & or drink- non-alcoholic only!)
(NB- This is in place of open practice at end of month)

*Please also let me know if you would be interested in going out for a meal after and a few drinks in town.

MISS POLE DANCE UK / The Worlds 2011

Alesia Vazmitzel won the worlds pole Dance Championships. Former Miss Pole Dance Uk Winner!

Kate Johnstone & Kate Czepulkowski from Spin City Bristol came 2nd in the doubles category.

<http://youtu.be/D55PBNJW9Pw>

They are available for workshops & will come to us at Pole Affinity if we can get enough people who wish to do it. Details below.

2 hour Doubles Workshop with Kate & Kate - £30 per person -- Suitable for all levels of pole dancer

The workshop will begin with a series of doubles acrobalance positions on the floor, we will then look at different ways onto the pole using your partner followed by a series of doubles tricks on the pole and finished with a doubles conditioning and stretching section!

***Let me know if you would be interested.**

Barnstaple Carnival - well done & thanks to everyone involved who braved the crappy weather to be Pink Panthers on our float in our 1st ever Barnstaple Carnival entry! we gained 'HIGHLY COMMENDED!' :D

**Missed Classes: We ask that you let us know asap by Txt, e-mail, Facebook, & at least 3 hours before start of your class. Failure to do so will result in loss of that class, no replacement. Payg students -please also let us know when you are /aren't coming. Thanks to all of you that do let us know! ☺*

Contact your regular instructor:

Miranda: 07790575811

Rochelle: 07812636524

Charlotte: 07834596680

Lesley: 07768334231

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Pole Affinity
27 Castle Street
Barnstaple
EX31 1DR

Tel: 07790 575 811
E-mail: info@pole-affinity.com
web: www.pole-affinity.com